

Rapua Te Āhuru Mōwai - ADHB Mental Health Homelessness Pilot

Governance Group meeting minutes

27 May 2022

Present:

Hineroa Hakiaha	Co-Director Māori MHA	ADHB
Stephen Hart	Operations Manager	CORT
Katie Ferguson	Service Clinical Director	ADHB
Zoe Truell	Project Manager	ADHB
Cinnamon Whitlock	Pouwhakahaere Matua – Hauora	Mahitahi
Fiona McHardy	Programme Manager	HUD
Jacqui Matthews	Senior Advisor	Te Puni Kokiri
Segina Te Ahuahu	Principal Advisor Maori/Project Lead	MoH
Raewyn Allan	CEO	Mahitahi
Alison Hudgell	General Manager, Mental Health	ADHB
John Tubberty	Regional Director	Kāinga Ora

Apologies:

Mark Goldsmith	Regional Commissioner	MSD
Kirsty Buggins	Manager Support Service Design and Implementation	HUD
Teremoana Te Hira	Service Manager	Mahitahi
Kara Beckford	Consumer Advisor Manager	DHB/Kāhui Tū Kāha
Kate Sladden	Manager, Planning and Funding	ADHB

1. Project Managers report

a. Programme participation

Referrals accepted:

- 23 whaiora are currently in the Rapua Te Āhuru Mōwai service.

Demographics of those accepted:

- *Gender:* 11 women, 12 men
- *Ethnicity:* 12 Māori, 8 Pākehā, 1 Pasifika, 2 African.
- *Current accommodation:*
 - 16 in permanent Rapua homes
 - 2 in Buchanan Rehabilitation Centre
 - 1 in Te Whetu Tawera
 - 4 in interim housing situations

Whaiora exiting from the programme

One woman has now exited the programme. She was [REDACTED] but has now moved to [REDACTED] to live with her whānau.

Another woman on the programme who has been [REDACTED] because of [REDACTED], has been reassessed by clinical staff. They have found that [REDACTED]. She will be exited from the programme. The Rapua team will work with this whaiora, her whānau and the clinical teams to support her through this transition.

b. Interim Housing

Kāhui Tū Kaha has identified three suitable units in Mt Albert for the interim housing to be ring fenced for use by Rapua whaiora. These units are needed for some whaiora in the period between discharge from the inpatient unit and when CORT are able to secure them a sustainable home. HUD are in direct discussions with Kāhui Tū Kaha to support this initiative to happen.

c. Developing the Service

Currently the focus for the Steering Group is on rolling out a Roadshow across all the ADHB mental health services. We are holding face to face presentations across nine services to provide them with information about Rapua and also to support them to understand the role that the community teams need to play in partnering with Mahitahi and CORT for Rapua whaiora participants. These will be completed by 1 July.

2. Clinical Report

Katie Ferguson reported that the discharge pathway is being created, with two appropriate discharges happening currently.

The Roadshow is in progress. Representatives from each of the three partner groups, along with Zoe as the Project Manager, are visiting all the ADHB mental health services to get clinicians on board and getting feedback.

Taking a PowerPoint on the kaupapa and flyers, the presentations are being done in-person which is role modeling whanaungatanga.

3. CORT Report

Stephen Hart reported that the team at CORT is doing a wonderful job. There are still operational matters to be worked through with Kāinga Ora on the two sites that are being developed for Rapua, and this is in progress.

4. Mahitahi Report

Raewyn Allen said things are going really well. All staff and whaiora seem happy. Cinnamon Whitlock said that Billie Morgan (Team Leader) and Teremoana Te Hira (Service Manager) have found the Roadshow very valuable to date.

5. Kāinga Ora

John Tubberty explained he was hoping to confirm the timelines of the new homes but was not able to get that information prior to the meeting. He will get in touch with Stephen outside of the meeting to check if there are any barriers or roadblocks that need to be addressed.

6. Evaluation

Segina Te Ahuahu reported that she met recently with Awa Associates who have engaged with kaimahi involved in the Auckland pilot and feel the Theory of Change and Evaluation Framework are on track.

There have been some staff changes at the Waikato pilot but Awa will continue to work with them and intend to have the same framework for both sites.

There were some questions around timeframes for the Evaluation Framework, and Segina said she will reach out to Suaree, Awa Associates to check on this and invite them to attend the next three Governance Group meetings so they will be able to report on progress directly.

It was noted that it would be helpful for the pilot to know what was going to be evaluated, how and when. The Steering Group has been gathering whaiora feedback on the service in lieu of any other evaluation in the meantime. Segina said that the voice and narrative of whaiora is needed. She wants day to day conversations captured with whaiora.

7. Post-Pilot

Hineroa asked what will happen to whaiora after the pilot finishes. Segina said that pilots often become part of vote Health. She is hoping that towards the end of year three there will be the opportunity to explore the future of what might happen, and look at further on-going investment, and to expand and try different pilots in different areas.

Fiona McHardy said if there is a need or want to expand, it needs to be driven by the Ministry of Health. There is some discussion around the Homelessness Action Plan (HAP) about expanding the mental health homelessness work. There is a lot of work being done on Phase Two of the HAP and what will happen.

Kia Manawanui, the National Framework for Mental Health includes an equity and community based focus on people transitioning out of mental health services who have experiences homelessness.

Homelessness continues to be a priority for this government. There has been strong interest from Ministers Henare, Davidson and Little who are well aware and supportive of the pilots.